

Born in 1949 in Kall, Fed. Rep. of Germany

- studied medicine and sociology ( Free University Berlin, 1968-74), holds specialty degrees psychotherapeutic medicine ( behavioral medicine ) and general medicine;

- completed postgraduate training in Public Health (UC Berkeley), acupuncture and various bodytherapies;

- has worked in the longterm explorations of somatic potentials with pioneers such as G. Alexander, T. Hanna, C. Selver, B. Bainbridge-Cohen, et various al.; certified Esalen-massage practitioner

- was consultant to the Health Promotion Program of the World Health Organisation ( WHO ) ; co-authored the WHO "Ottawa Charter for Health Promotion"; was involved in setting up WHO programs for worksite health promotion, the Healthy Cities Program, Health Promoting Hospitals Program, etc. ;

- was associate director of a large psychosomatic clinic ( Klinik Roseneck Prien, in collaboration with the Ludwig-Maximilian University, Munich) from 1988-1994;

- authored five books on holistic health and healing, somatic education and therapy; - teaches and consults internationally; associate lecturer Karl- Franzens- University, Graz, Austria;

- convened together with Prof. Fritjof Capra, Berkeley, at the Commonweal retreat center, Bolinas, Ca, a major informal meeting of pioneers and leaders in the field of mind body research and therapies in the US and Europe in 2000

- is honorary professor of public health : health promotion/ psychotherapeutic medicine at the University of Bremen / Germany

- works currently in private practice in Marquartstein, Bavaria.